

# For Immediate Release

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## Making What Your Means Can't Buy Create a Beautiful Life Despite Financial Hardships

Sisters by blood and vision, Inez Singletary, writer, and Deborah Singletary, visual artist, have teamed up to present you with a packed, compact verbal and visual guide to making a rich and meaningful life, no matter where you are on the financial ladder.

The book especially calls out to a segment of the population usually neglected by financial self-help writers, those who may be at a point in time where they “don't have two nickels to rub together,” Inez says. “When I read books about financial empowerment, they always lost me when they came to the part about the key being investing in real estate or diversifying your investment portfolio. I would think, yes, but how do I get the money in the first place?”

When Inez, who lives in Los Angeles, was separated from her husband in her middle years and unemployed by choice, she wanted to see if she could verify the promise, “Your true support is non-material,” to move her from the threat of eviction and car repossession to her feet. She had to move from nothing to something.

Deborah, who lives in Brooklyn New York, was so motivated by her sister's ideas and demonstrations, that she discovered a dream she didn't even know she had—to be a publisher. She had always wanted to see Inez published as a reward for faithfully writing meditations inspired by the new and full moon cycles and tarot for 20

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years. "Then it hit me," she relays, "I would publish Inez myself. And thus Vision Carriers Press was born."

The work evolved to include Deborah's art. Inez says, "When I looked at my sister's images incorporated into my efforts to present my experience in words, I felt something magical happen. The result was completely unexpected. I got that *this* was the thing necessary to somehow *show*, that the *Making Means* journey bridges two worlds, the inner and the outer. It is not just about doing things, like making lists and saying affirmations. *Making Means* is about making art, and art is also a tool. Art can take you where words cannot and evoke what can't be said. Together, Deborah and I can take you on a journey using your logical brain and evoking your creative brain to build, not just an income; but also a life."

*Making What Your Means Can't Buy* is available on [www.visioncarriers.com](http://www.visioncarriers.com) and at [www.amazon.com](http://www.amazon.com). For more information call 718-398-4616 or email [visioncarriers@aol.com](mailto:visioncarriers@aol.com).