

# Vision Walk

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Full Moon

February 12, 2006

24 Leo 20'

(In effect approximately one week before and one week after)

## Many Bridges to Cross

This is one of those times that we are conscious of bridges to cross, moves to make, challenges to rise to. We are, frankly, afraid. We stand on what looks like the brink.

There is an apparent stability. We are familiar with the terrain, and therefore our strategies and maneuvers are automatic. The unknown, on the other hand, makes us recoil— "if something can go wrong it will." The sin, my sister Deborah says, is that we are taught to fear the unknown instead of to welcome it, knowing that we are guided.

Our dreams have been unfurling in the winds and waving at us. Now hear this. If something can go right, it will. And if you don't go for it, it won't have a chance to go right. Now here is where we traditionally say, "Therefore, DO something, take action." But as I poise to tap out words to that effect, something says, "Review Dr. Robert Anthony." He's my 'Do Guru.' He says, "You can reduce the need for action to a very minimum by allowing yourself to focus on what you desire until you feel the positive energy begin to move within you. This energy is not based on doubt, fear, anxiety, worry or need."

Now that you have this feeling, you can act, and you will act effectively. Getting this feeling is what I call alchemy. The approach is mental.

Quit your chosen burden and blinders. Consider laughing in Prince's "Purple Rain." Consider being/intending that which would make your life good.

We are all scared. Both boxers in the ring, the one who will win and the one who will not, are afraid. This is what Mike Tyson's coach, Gus D'Amato, told him. The one who wins just doesn't let his fear get the best of him. His determination is set and whatever it takes, he steps up his jab, precisely packs his punch, adapts his fighting style a notch and keeps his head—precisely because he himself is afraid of taking a beating.

The Sun is in Aquarius, and wherever that different drum beats in your life, you are getting the itch to dance. If you are a Taurus or Taurus rising, for example, the drum calls you to your aspirations, to your dreams that are not bound to the earth you have constructed. If you are an Aries it beats for deeper connections and ties, and deeper peace.

But for each of us this drum is giving body and resonance to a sound. There is a rhythm that tempts naked statements at this time of year and at this Full Moon in Leo, sign of

strength and creative self expression, we get a little more daring. You have to dare, because this is about you being you, of which there is no other. You have a moment, a window of opportunity, a glimpse of the star that is yours to follow. As always it is a bit tougher to follow the call of glory. The gloom is easier, more familiar. You don't have to answer. You don't have to step up or reach out. You just have to lay baby, lay. Lay low.

"Love is a risk decision," said psychic, Edgar Cayce. So is live.

Even though we're talking glory, we are not necessarily talking the grand thing, here. We are talking about the little thing that is at your hand, your own next step, your own heeding of the inner voice that bids you to stretch and to try, to dare, to live a little. If you don't dare in the small, how can you dare in the big? (Remember first the feeling, then you will dare.)

You can feel the heat and the harmony. Fear turns into excitement. Challenge yourself. Push out your boundaries. Rise to the occasion. Take the mote out of your own eye. Get out of your own way. Cross over the bridge.

Peace.

Inez Singletary

"Once you've crossed that bridge my friends,  
the ghost is finished, his power ends."  
Washington Irving, *Legend of Sleepy Hollow*